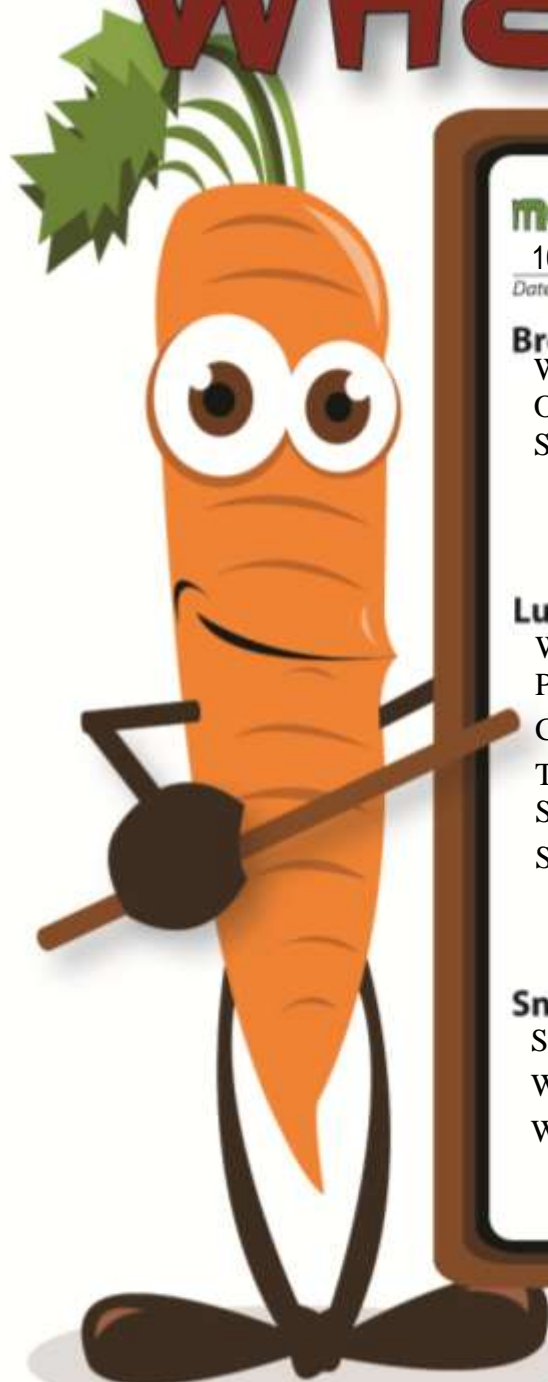


WHAT'S TO EAT THIS WEEK?



MONDAY

10-26-20

Date

Breakfast

WG Kix Cereal
Orange Slices
Skim Milk

Lunch

WG Mexican
Pizza
Carrots
Tropical Fruit
Salad
Skim Milk

Snack

String Cheese
Wheat Crackers
Water

TUESDAY

10-27-20

Date

Breakfast

WG Cinnamon
Toast
Raisins
Skim Milk

Lunch

WG Sausage
Pizza
Mixed
Vegetables
Pineapple
Tidbits
Skim Milk

Snack

Goldfish
Grahams
Sunflower
Butter, Sk. Milk

WEDNESDAY

10-28-20

Date

Breakfast

WG Cheerios
Apple Slices
Sunflower Butter
Skim Milk

Lunch

WG Hot Ham
& Cheese
Wraps
Baby Carrots
Ranch Dip
Bananas
Skim Milk

Snack

Pepperoni Slices
Cheese
Wheat Crackers
Water

THURSDAY

10-29-20

Date

Breakfast

Pancakes
Applesauce
Skim Milk

Lunch

WG Chicken
Noodle Soup
W/Carrots
Oyster Crackers
Orange Slices
Skim Milk

Snack

Trail Mix
W/WG Cheerios
Raisins, Craisins
Skim Milk

FRIDAY

10-30-20

Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

WG Beef &
Noodles
Peas
Mandarin
Oranges
Skim Milk

Snack

Pretzels
Sunflower
Butter
Water



