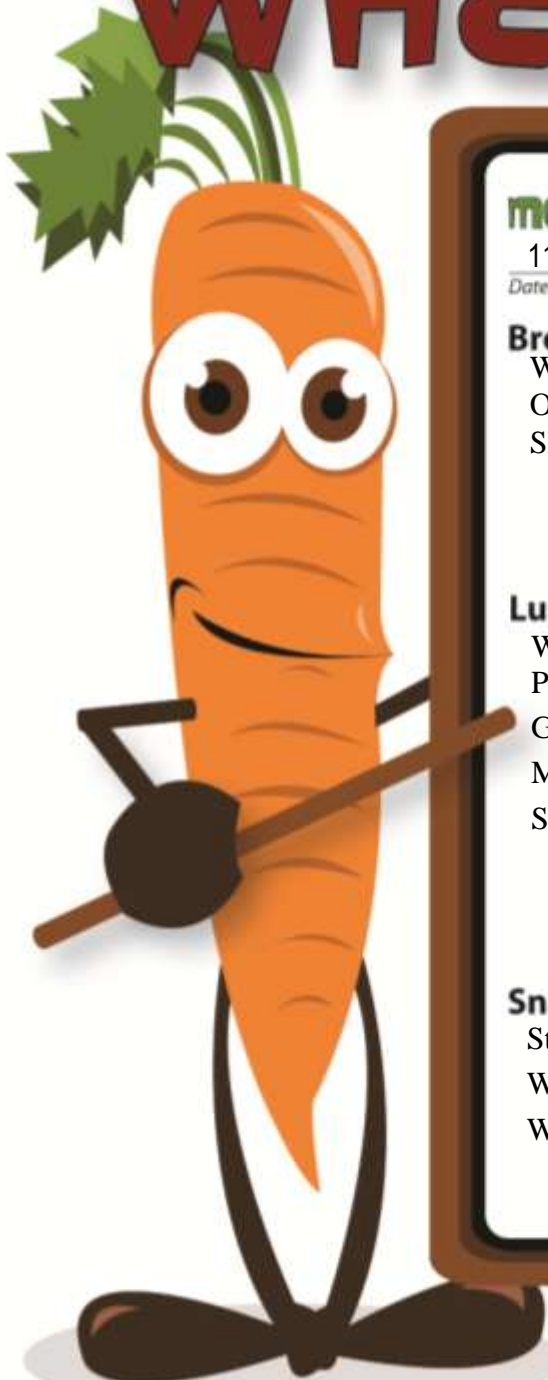


# WHAT'S TO EAT THIS WEEK?



## MONDAY

11/26/18

Date

### Breakfast

WG Cheerios  
Oranges  
Skim Milk

### Lunch

WG Mexican  
Pizza  
Green Beans  
Mixed Fruit  
Skim Milk

### Snack

String Cheese  
Wheat Crackers  
Water

## TUESDAY

11/27/18

Date

### Breakfast

Whole Wheat  
Bagel Thin  
Cream Cheese  
Apple Slices  
Skim Milk

### Lunch

WG Beef &  
Noodles  
Corn  
Mandarin  
Oranges  
Skim Milk

### Snack

Apple Slices  
Nut-Free Butter  
Water

## WEDNESDAY

11/28/18

Date

### Breakfast

Biscuits & Gravy  
Peaches  
Skim Milk

### Lunch

WG Grilled  
Cheese  
Tomato Soup  
Orange Slices  
Skim Milk

### Snack

Bananas  
Skim Milk

## THURSDAY

11/29/18

Date

### Breakfast

Oatmeal  
Raisins  
Skim Milk

### Lunch

WG Beefy  
Cheesy Mac  
Peas  
Tropical Fruit  
Salad  
Skim Milk

### Snack

Pretzels  
Raisins  
Skim Milk

## FRIDAY

11/30/18

Date

### Breakfast

Pancakes  
Applesauce  
Skim Milk

### Lunch

WG Hawaiian  
Pizza  
Carrots  
W/Ranch Dip  
Pears  
Skim Milk

### Snack

Goldfish  
Grahams  
Yogurt  
Water



