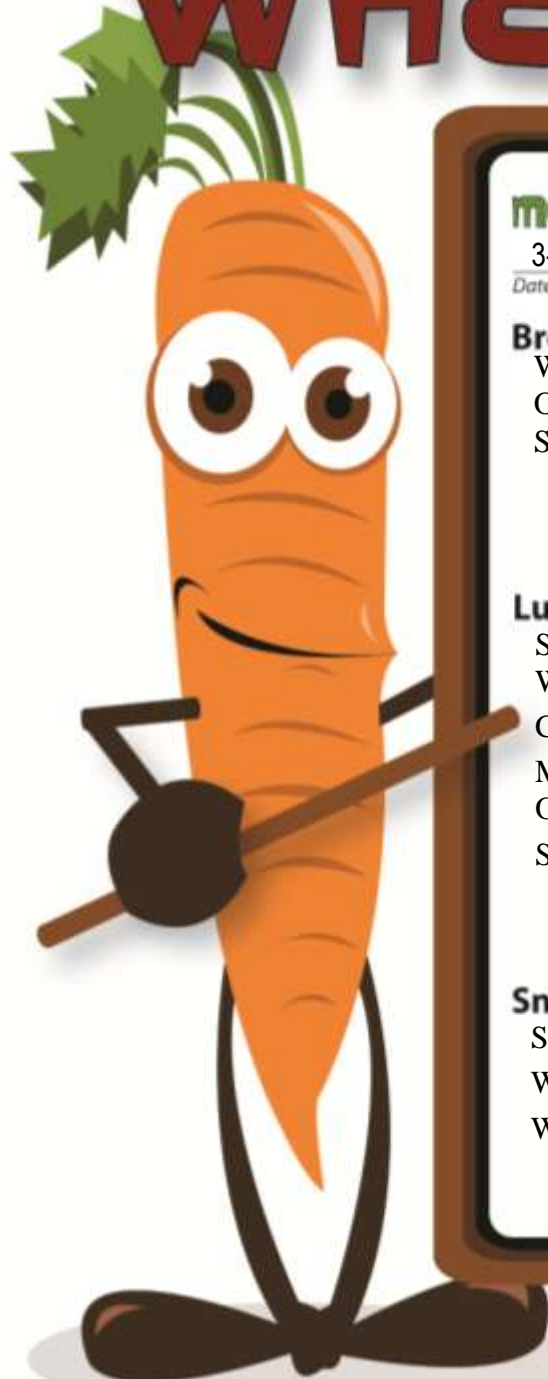


WHAT'S TO EAT THIS WEEK?



MONDAY

3-23-20

Date

Breakfast

WG Kix Cereal
Orange Slices
Skim Milk

Lunch

Spanish Rice
W/Ground Beef
Corn
Mandarin
Oranges
Skim Milk

Snack

String Cheese
Wheat Crackers
Water

TUESDAY

3-24-20

Date

Breakfast

Cinnamon Rolls
Banana
Skim Milk

Lunch

WG Pepperoni
Pizza
Peas
Pineapple
Skim Milk

Snack

Granola Bar
Skim Milk

WEDNESDAY

3-25-20

Date

Breakfast

Pancakes
Applesauce
Skim Milk

Lunch

WG Ham &
Cheese Wraps
Carrots
Pears
Skim Milk

Snack

Goldfish
Crackers
Craisins
Skim Milk

THURSDAY

3-26-20

Date

Breakfast

Whole Wheat
Bagel Thin
W/Cream Cheese
Raisins
Skim Milk

Lunch

WG Spaghetti
W/GB
Green Beans
Peaches
Skim Milk

Snack

Trail Mix
Skim Milk

FRIDAY

3-27-20

Date

Breakfast

WG Cheerios
Apple Slices
Skim Milk

Lunch

WG Macaroni
& Cheese
Peas
Tropical Fruit
Salad
Skim Milk

Snack

Yogurt
Graham
Crackers
Water



