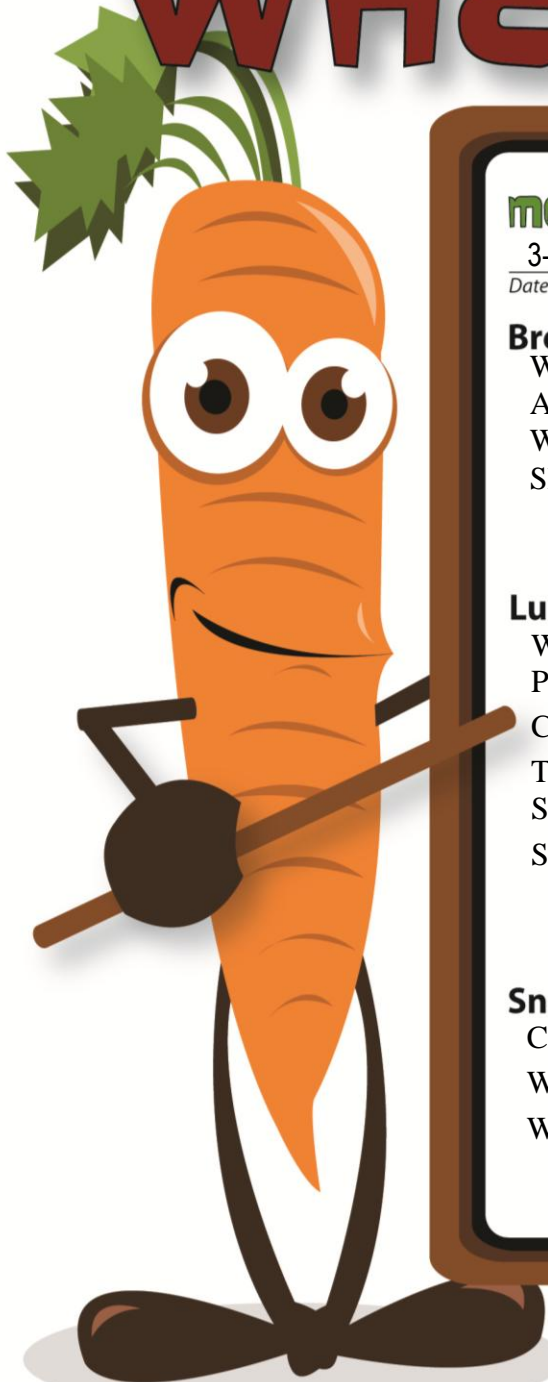


WHAT'S TO EAT THIS WEEK?



MONDAY

3-20-17

Date

Breakfast

WG Kix
Apple Slices
W/Nut Free PB
Skim Milk

Lunch

WG Mexican
Pizza
Corn
Tropical Fruit
Salad
Skim Milk

Snack

Cheese Slices
Wheat Crackers
Water

TUESDAY

3-21-17

Date

Breakfast

WG Oatmeal
Raisins
Skim Milk

Lunch

Sloppy Joe
W/Ground Beef
on WG Bun
Baby Carrots
W/Ranch
Apple Slices
Skim Milk

Snack

Yogurt Parfait
W/Granola &
Blueberries
Water

WEDNESDAY

3-22-17

Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

Bowtie Pasta
W/Zucchini
Sauce &
Pepperoni
Tossed Salad
W/Ranch
Mandarin
Oranges
Skim Milk

Snack

Fruit Salad
Skim Milk

THURSDAY

3-23-17

Date

Breakfast

Blueberry
Muffins
Orange Slices
Skim Milk

Lunch

WG Chicken
Alfredo Pizza
Mixed
Vegetables
Pears
Skim Milk

Snack

WG Nut Free
PB & Jelly
Skim Milk

FRIDAY

3-24-17

Date

Breakfast

Scrambled Eggs
Whole Wheat
Toast
Mandarin
Oranges
Skim Milk

Lunch

Spanish Rice
W/GB
Green Beans
Fruit Salad
Skim Milk

Snack

Apples
Nut-Free PB
Skim Milk



