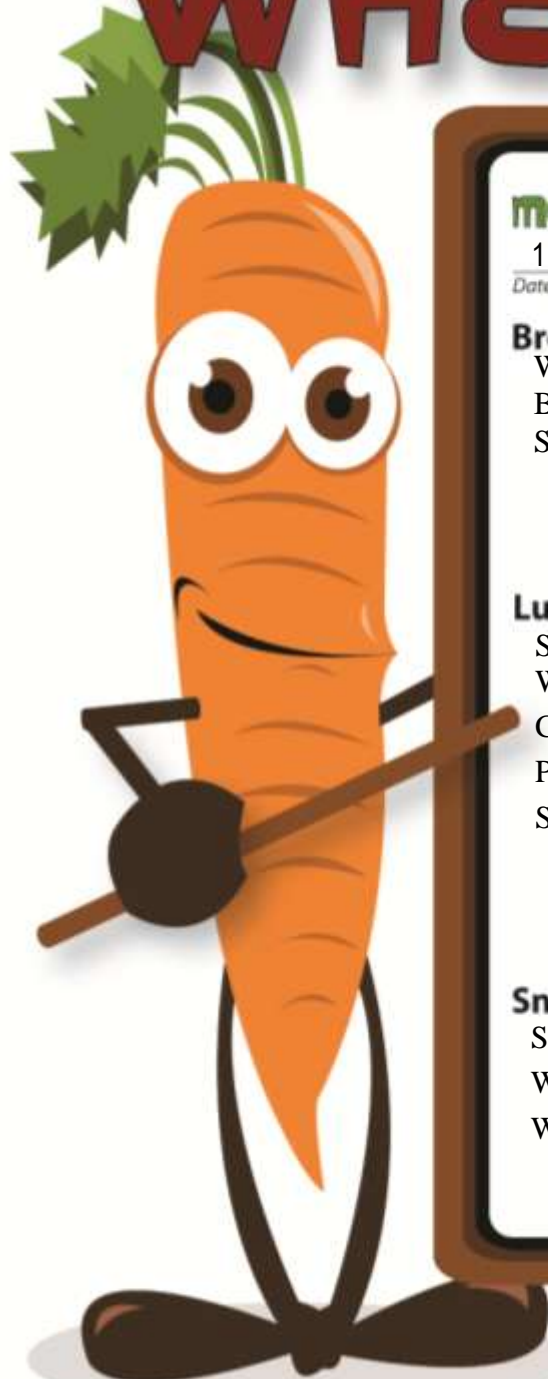


WHAT'S TO EAT THIS WEEK?



MONDAY

11-12-18

Date

Breakfast

WG Cheerios
Bananas
Skim Milk

Lunch

Spanish Rice
W/GB
Corn
Pears
Skim Milk

Snack

String Cheese
Wheat Crackers
Water

TUESDAY

11-13-18

Date

Breakfast

WG Oatmeal
Raisins
Skim Milk

Lunch

WG Pepperoni
Pizza
Green Beans
Pineapple
Tidbits
Skim Milk

Snack

Goldfish
Grahams
Skim Milk

WEDNESDAY

11-14-18

Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

Taco Soup
W/GB
Shredded
Cheddar
Tortilla Chips
Apple Slices
Skim Milk

Snack

Cheez-Its
Raisins
Water

THURSDAY

11-15-18

Date

Breakfast

French Toast Stix
Applesauce
Skim Milk

Lunch

WG Macaroni
& Cheese
Peas
Tropical Fruit
Salad
Skim Milk

Snack

WG Kix Cereal
Skim Milk

FRIDAY

11-16-18

Date

Breakfast

Scrambled Eggs
Whole Wheat
Toast
Mandarin
Oranges
Skim Milk

Lunch

Vegetable Soup
W/GB
½ WG Grilled
Cheese
Sandwich
Orange Slices
Skim Milk

Snack

Pretzels
Nut-Free Butter
Skim Milk



