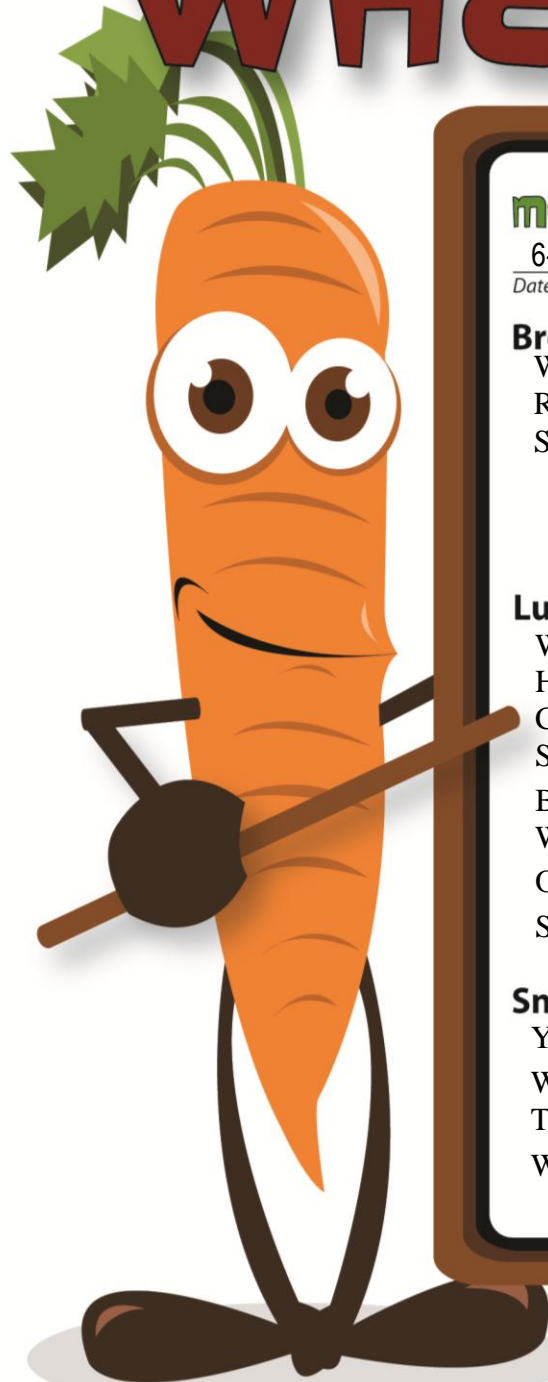


WHAT'S TO EAT THIS WEEK?



MONDAY

6-19-17

Date

Breakfast

WG Oatmeal
Raisins
Skim Milk

Lunch

Whole Wheat
Ham and
Cheese
Sandwich
Baby Carrots
W/Ranch Dip
Orange Slices
Skim Milk

Snack

Yogurt
WG Cheerio
Topping
Water

TUESDAY

6-20-17

Date

Breakfast

WG Cheerios
Bananas
Skim Milk

Lunch

WG Mini
Chicken
Alfredo Pizza
Broccoli
W/Ranch Dip
Pineapple
Tidbits
Skim Milk

Snack

Applesauce
Skim Milk

WEDNESDAY

6-21-17

Date

Breakfast

Whole Wheat
Bagel Thin
W/Egg & Cheese
Peaches
Skim Milk

Lunch

WG Mexican
Pizza
Green Beans
Pears
Skim Milk

Snack

Bananas
Skim Milk

THURSDAY

6-22-17

Date

Breakfast

Whole Wheat
Cinnamon Toast
Apple Slices
W/Nut-Free
Butter
Skim Milk

Lunch

Sloppy Joe
W/GB on WG
Bun
Mixed
Vegetables
Tropical Fruit
Salad
Skim Milk

Snack

Whole Wheat
Nut-Free Butter
Sandwich
Skim Milk

FRIDAY

6-23-17

Date

Breakfast

French Toast Stix
Applesauce
Skim Milk

Lunch

WG Spaghetti
W/GB
Corn
Mandarin
Oranges
Skim Milk

Snack

String Cheese
Raisins
Water



