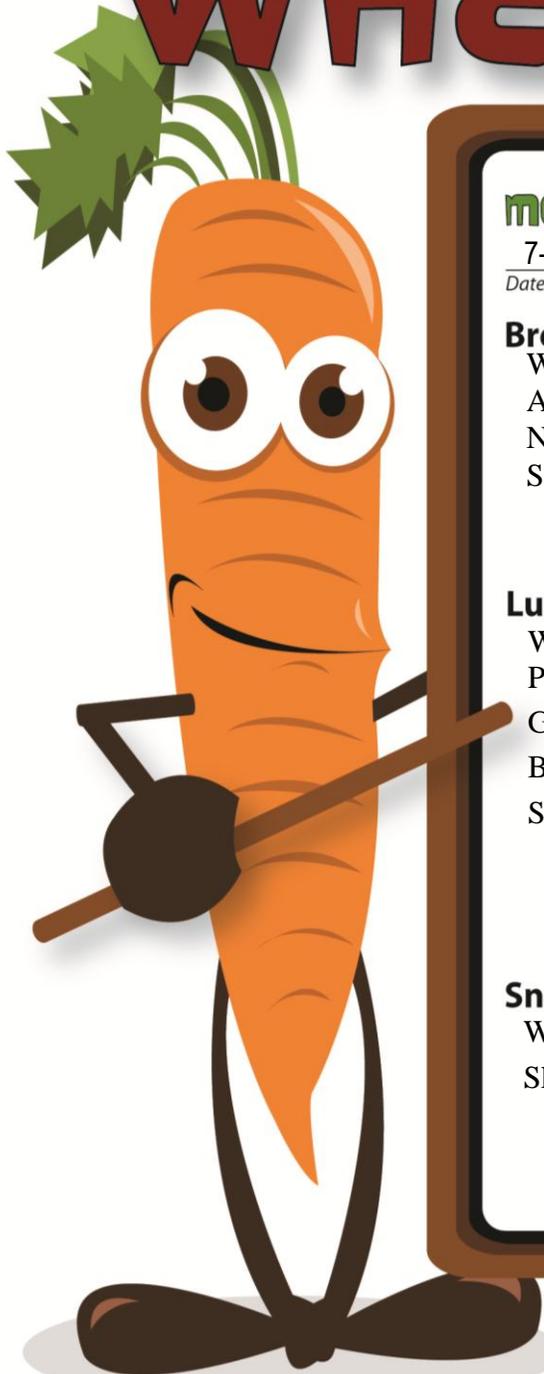


WHAT'S TO EAT THIS WEEK?



MONDAY

7-16-18
Date

Breakfast

WG Kix
Apple Slices
Nut Free Butter
Skim Milk

Lunch

WG Mexican
Pizza
Green Beans
Bananas
Skim Milk

Snack

Watermelon
Skim Milk

TUESDAY

7-17-18
Date

Breakfast

Whole Wheat
Cinnamon Toast
Orange Slices
Skim Milk

Lunch

Sloppy Joe on
WG Bun
Peas
Pears
Skim Milk

Snack

String Cheese
Wheat Crackers
Water

WEDNESDAY

7-18-18
Date

Breakfast

Egg & Cheese on
WG English
Muffin
Raisins
Skim Milk

Lunch

WG Skillet 57
W/GB
Corn
Mandarin
Oranges
Skim Milk

Snack

Bananas
Skim Milk

THURSDAY

7-19-18
Date

Breakfast

WG Bagel Thin
W/Cream Cheese
Apple Slices
Skim Milk

Lunch

Whole Wheat
Ham and
Cheese
Sandwich
Broccoli W/
Ranch Dip
Orange Slices
Skim Milk

Snack

Yogurt W/WG
Granola
Topping
Water

FRIDAY

7-20-18
Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

WG Pepperoni
Pizza
Baby Carrots
Ranch Dip
Pineapple
Tidbits
Skim Milk

Snack

Pretzel Stix
Orange Slices
Skim Milk



