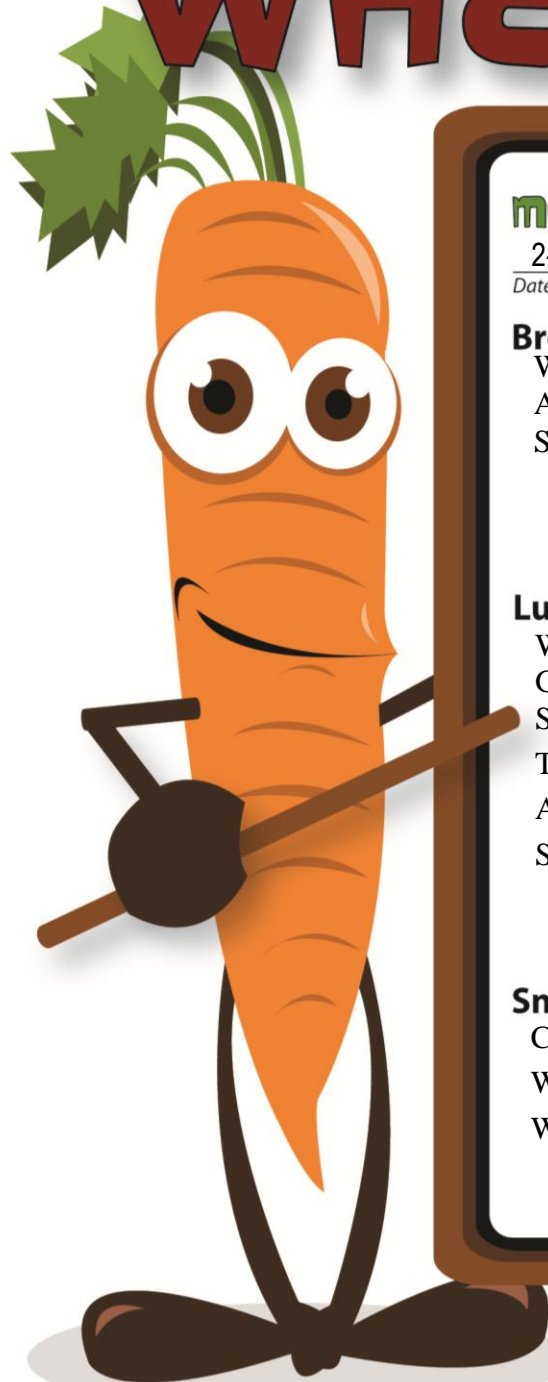


# WHAT'S TO EAT THIS WEEK?



## MONDAY

2-12-18

Date

### Breakfast

WG Kix Cereal  
Apple Slices  
Skim Milk

### Lunch

Whole Wheat  
Grilled Cheese  
Sandwich  
Tomato Soup  
Apple Slices  
Skim Milk

### Snack

Cheese Cubes  
Wheat Crackers  
Water

## TUESDAY

2-13-18

Date

### Breakfast

Biscuits & Gravy  
Peaches  
Skim Milk

### Lunch

Confetti Soup  
W/Ham, Carrots  
, Lentils, Kale  
Oyster Crackers  
Bananas  
Skim Milk

### Snack

Raisins  
Cheez-Its  
Skim Milk

## WEDNESDAY

2-14-18

Date

### Breakfast

WG Oatmeal  
Raisins  
Skim Milk

### Lunch

WG Beef &  
Noodles W/GB  
Green Beans  
Tropical Fruit  
Salad  
Skim Milk

### Snack

Animal  
Crackers  
Yogurt Dip  
Water

## THURSDAY

2-15-18

Date

### Breakfast

Whole Wheat  
Bagel Thins  
W/Cream Cheese  
Yogurt Cups  
Skim Milk

### Lunch

WG Chic'  
Penne,  
W/Broccoli &  
Chicken  
Baby Carrots  
W/Ranch Dip  
Pears  
Skim Milk

### Snack

WG Ham &  
Cheese Wrap  
Skim Milk

## FRIDAY

2-16-18

Date

### Breakfast

Blueberry  
Muffins  
Mixed Fruit  
Skim Milk

### Lunch

WG Chili Mac  
W/GB  
Corn  
Mandarin  
Oranges  
Skim Milk

### Snack

Apple Slices  
Nut-Free Butter  
Skim Milk



