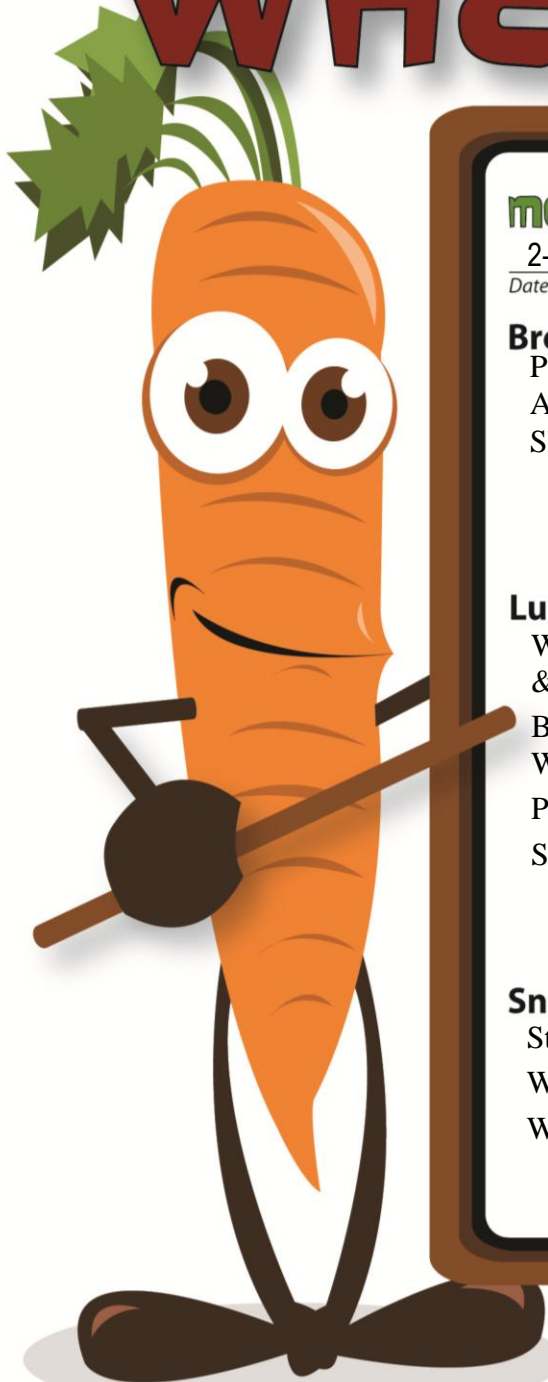


# WHAT'S TO EAT THIS WEEK?



## MONDAY

2-13-17

Date

### Breakfast

Pancakes  
Applesauce  
Skim Milk

### Lunch

WG Hot Ham & Cheese  
Baby Carrots  
W/Ranch Dip  
Pears  
Skim Milk

### Snack

String Cheese  
Wheat Crackers  
Water

## TUESDAY

2-14-17

Date

### Breakfast

Whole Wheat  
Bagel Thin  
W/Cream Cheese  
Pineapple Tidbits  
Skim Milk

### Lunch

Vegetable  
Alphabet Soup  
W/GB  
Oyster Crackers  
Oranges  
Skim Milk

### Snack

Vanilla Yogurt  
Strawberries &  
Blueberries

## WEDNESDAY

2-15-17

Date

### Breakfast

Biscuits & Gravy  
Peaches  
Skim Milk

### Lunch

WG Chicken  
Alfredo Pizza  
W/Spinach  
Green Beans  
Tropical Fruit  
Salad  
Skim Milk

### Snack

Bananas  
Skim Milk

## THURSDAY

2-16-17

Date

### Breakfast

WG English  
Muffin W/Egg &  
Cheese  
Apple Slices  
Skim Milk

### Lunch

Whole Wheat  
Grilled Cheese  
Sandwich  
Tomato Soup  
Apples  
Skim Milk

### Snack

WG Nut Free  
PB Sandwich  
Skim Milk

## FRIDAY

2-17-17

Date

### Breakfast

WG Kix  
Orange Slices  
Skim Milk

### Lunch

WG Chili Mac  
W/GB  
Corn  
Mandarin  
Oranges  
Skim Milk

### Snack

Teddy Grahams  
Apple Slices  
Water



