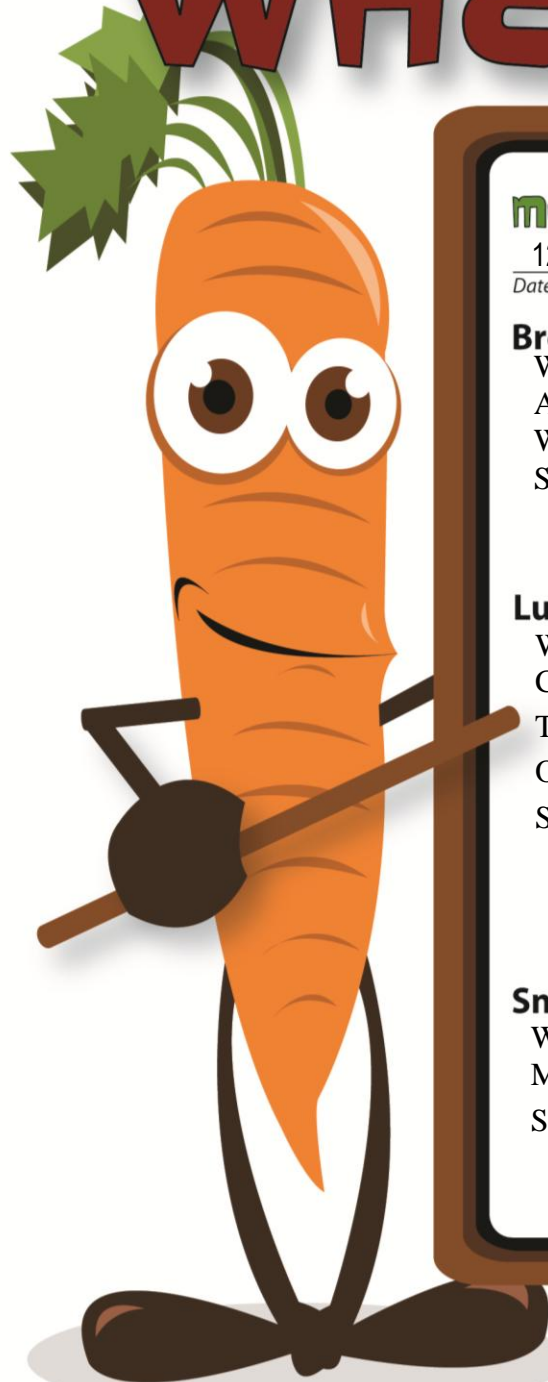


WHAT'S TO EAT THIS WEEK?



MONDAY

12-12-16

Date

Breakfast

WG Kix
Apple Slices
W/PB
Skim Milk

Lunch

WG Grilled
Cheese
Tomato Soup
Orange Slices
Skim Milk

Snack

WG Junior Trail
Mix W/Raisins
Skim Milk

TUESDAY

12-13-16

Date

Breakfast

Blueberry
Muffins
Peaches
Skim Milk

Lunch

Taco Salad
W/GB
Lettuce,
Tomato
Tortilla Chips
Pears
Skim Milk

Snack

Applesauce
Skim Milk

WEDNESDAY

12-14-16

Date

Breakfast

Biscuits & Gravy
Tropical Fruit
Salad
Skim Milk

Lunch

Chicken Stew
W/Squash &
Quinoa
WG Roll
Banana
Skim Milk

Snack

Pretzel Stx
Peanut Butter
Skim Milk

THURSDAY

12-15-16

Date

Breakfast

WG Bagel Thin
W/PB
Bananas
Skim Milk

Lunch

Bowtie Pasta
W/Zucchini
Carrots
Mixed Fruit
Skim Milk

Snack

Vanilla Yogurt
Graham
Crackers
Water

FRIDAY

12-16-16

Date

Breakfast

Scrambled Eggs
Whole Wheat
Toast
Mandarin
Oranges
Skim Milk

Lunch

WG Skillet 57
W/GB
Peas
Pineapple
Tidbits
Skim Milk

Snack

Banana
Wheat Crackers
Water



