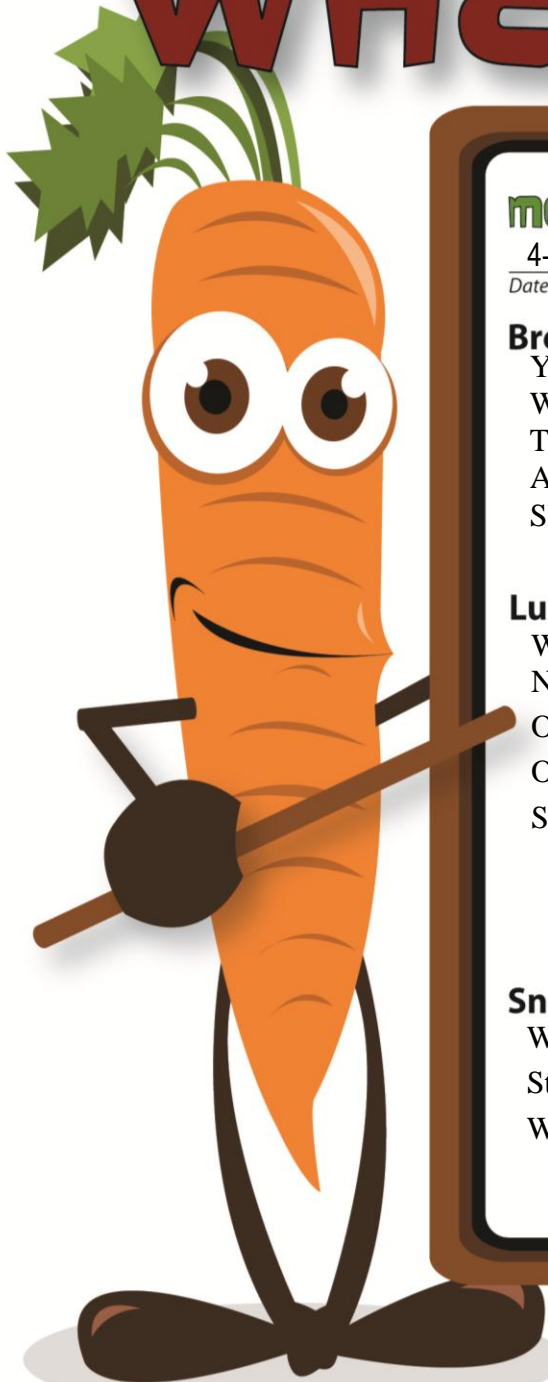


WHAT'S TO EAT THIS WEEK?



MONDAY

4-16-18

Date

Breakfast

Yogurt
Whole Wheat
Toast
Apple Slices
Skim Milk

Lunch

WG Chicken
Noodle Soup
Oyster Crackers
Orange Slices
Skim Milk

Snack

Wheat Crackers
String Cheese
Water

TUESDAY

4-17-18

Date

Breakfast

WG Kix Cereal
Apple Slices
Skim Milk

Lunch

Taco Salad
W/Ground Beef
Lettuce, Tomato
Shredded
Cheese
Tortilla Chips
Bananas
Skim Milk

Snack

Rainbow Fruit
Salad
Skim Milk

WEDNESDAY

4-18-18

Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

WG Chicken
Burrito
Peas
Pears
Skim Milk

Snack

Applesauce
Skim Milk

THURSDAY

4-19-18

Date

Breakfast

Whole Wheat
Bagel Thin
Bananas
Skim Milk

Lunch

Spanish Rice
W/GB
Corn
Tropical Fruit
Salad
Skim Milk

Snack

Goldfish
Crackers
Mixed Fruit
Water

FRIDAY

4-20-18

Date

Breakfast

Egg Patties
Whole Wheat
Toast
Mandarin
Oranges
Skim Milk

Lunch

Whole Wheat
Ham Sandwich
Baby Carrots
Ranch Dip
Apple Slices
Skim Milk

Snack

Granola Bar
Orange Slices
Water



