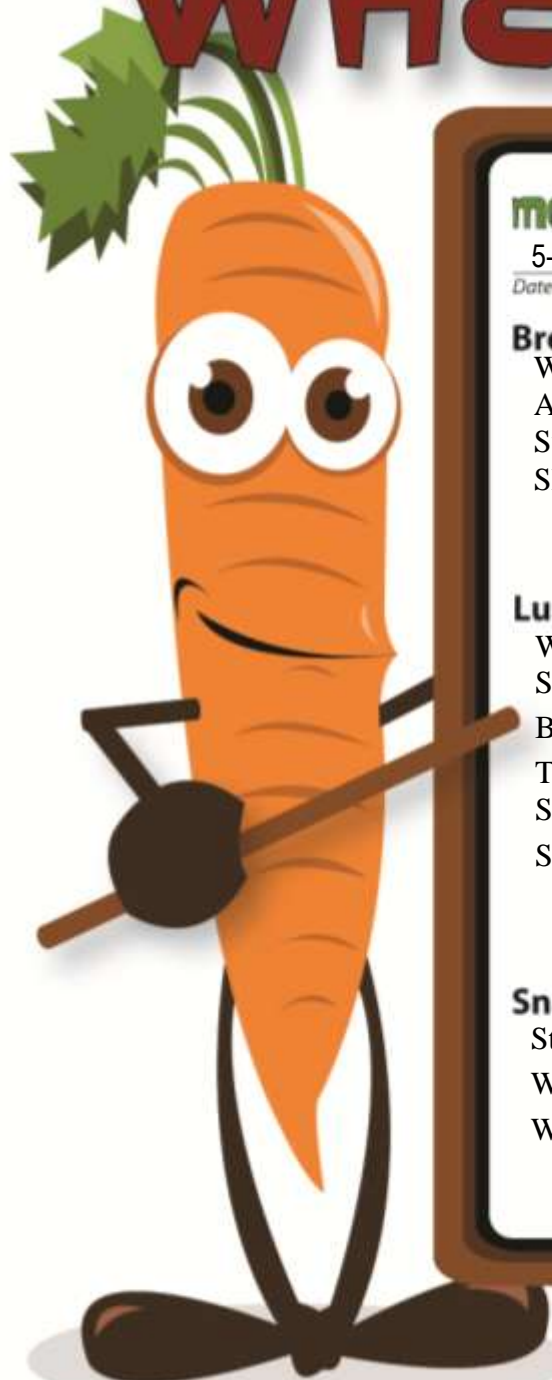


WHAT'S TO EAT THIS WEEK?



MONDAY

5-13-19

Date

Breakfast

WG Kix Cereal
Apple Slices
Sunflower Butter
Skim Milk

Lunch

WG Ham Sandwich
Baby Carrots
Tropical Fruit Salad
Skim Milk

Snack

String Cheese
Wheat Crackers
Water

TUESDAY

5-14-19

Date

Breakfast

WG Bagel Thin
Cream Cheese
Pineapple
Skim Milk

Lunch

WG Pepperoni Pizza
Broccoli
Mandarin Oranges
Skim Milk

Snack

Bananas
Skim Milk

WEDNESDAY

5-15-19

Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

Sloppy Joe on WG Bun
Peas
Bananas
Skim Milk

Snack

Pretzels
Sunflower Butter
Skim Milk

THURSDAY

5-16-19

Date

Breakfast

WG Oatmeal
Raisins
Skim Milk

Lunch

Chicken & Rice
Green Beans
Pears
Skim Milk

Snack

Granola Bars
Skim Milk

FRIDAY

5-17-19

Date

Breakfast

Scrambled Eggs
WG Toast
Oranges
Skim Milk

Lunch

WG Beef & Bean Burrito
Corn
Pineapple Rings
Skim Milk

Snack

Trail Mix
Raisins
Skim Milk



