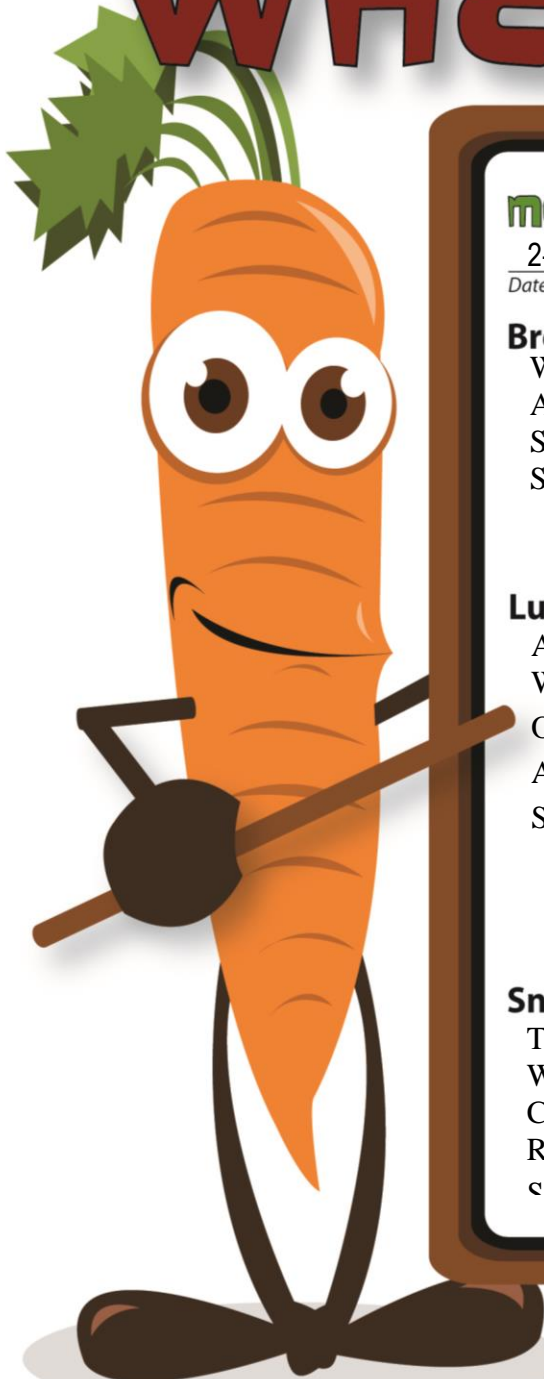


WHAT'S TO EAT THIS WEEK?



MONDAY

2-15-21
Date

Breakfast

WG Kix Cereal
Apple Slices
Sunflower Butter
Skim Milk

Lunch

Alphabet Soup
W/GB
Oyster Crackers
Apple Slices
Skim Milk

Snack

Trail Mix
W/WG
Cheerios,
Raisins
Skim Milk

TUESDAY

2-16-21
Date

Breakfast

WG Oatmeal
Raisins
Skim Milk

Lunch

Spanish Rice
W/GB
Corn
Pineapple
Tidbits
Skim Milk

Snack

Bananas
Skim Milk

WEDNESDAY

2-17-21
Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

WG Hawaiian
Pizza
Peas
Peaches
Skim Milk

Snack

String Cheese
Wheat Crackers
Water

THURSDAY

2-18-21
Date

Breakfast

WG Bagel Thin
W/Cream Cheese
Apple Slices
W/Sunflower
Butter
Skim Milk

Lunch

Grilled Chicken
Strips
WG Bread
Peas
Tropical Fruit
Salad
Skim Milk

Snack

Granola Bars
Orange Slices
Skim Milk

FRIDAY

2-19-21
Date

Breakfast

WG Pancakes
Applesauce
Skim Milk

Lunch

BBQ Beef on
WG Bun
Green Beans
Mandarin
Oranges
Skim Milk

Snack

Graham
Crackers
Raisins
Skim Milk



