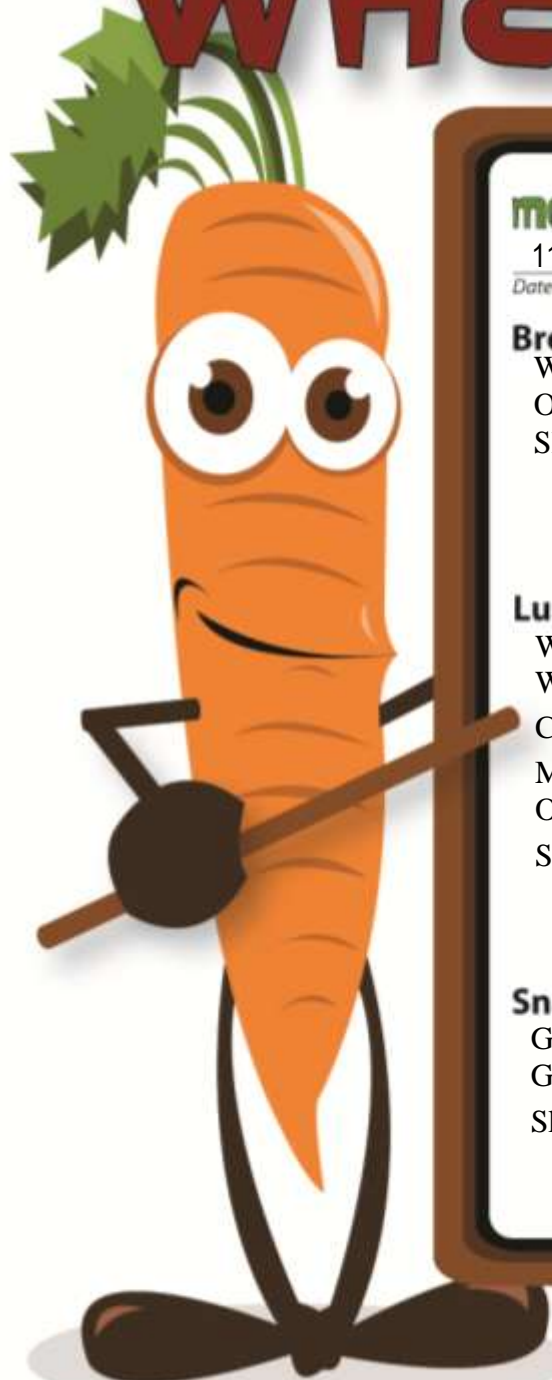


WHAT'S TO EAT THIS WEEK?



MONDAY

11-5-18

Date

Breakfast

WG Kix
Oranges
Skim Milk

Lunch

WG Spaghetti
W/GB
Corn
Mandarin
Oranges
Skim Milk

Snack

Goldfish
Grahams
Skim Milk

TUESDAY

11-6-18

Date

Breakfast

Pancakes
Applesauce
Skim Milk

Lunch

WG Grilled
Cheese
Sandwich
Tomato Soup
Apple Slices
Skim Milk

Snack

Pretzels
Raisins
Skim Milk

WEDNESDAY

11-7-18

Date

Breakfast

Oatmeal
Raisins
Skim Milk

Lunch

Whole Wheat
Turkey
Sandwich
Baby Carrots
Ranch Dip
Pineapple
Tidbits
Skim Milk

Snack

Granola Bars
Skim Milk

THURSDAY

11-8-18

Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

Chili W/GB,
Tomato
Shredded
Cheddar
Oyster Crackers
Bananas
Skim Milk

Snack

Applesauce
Skim Milk

FRIDAY

11-9-18

Date

Breakfast

Whole Wheat
Bagel Thin
W/Egg & Cheese
Apple Slices
Skim Milk

Lunch

WG Chicken
Noodle Soup
W/Carrots
Oyster Crackers
Orange Slices
Skim Milk

Snack

String Cheese
Goldfish
Crackers
Water



