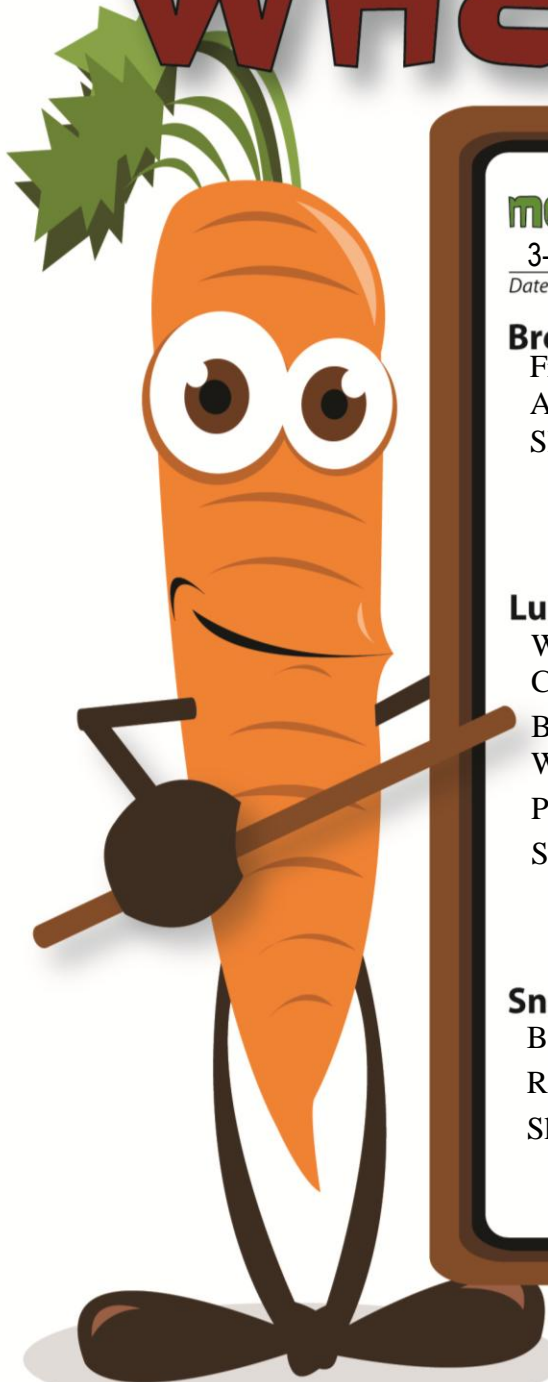


WHAT'S TO EAT THIS WEEK?



MONDAY

3-12-18

Date

Breakfast

French Toast Stix
Applesauce
Skim Milk

Lunch

WG Ham &
Cheese Wraps
Broccoli
W/Ranch
Pears
Skim Milk

Snack

Baby Carrots
Ranch Dip
Skim Milk

TUESDAY

3-13-18

Date

Breakfast

WG Kix Cereal
Apple Slices
Nut-Free Butter
Skim Milk

Lunch

WG Skillet 57
W/GB
Corn
Mandarin
Oranges
Skim Milk

Snack

Bananas
Vanilla Yogurt
Water

WEDNESDAY

3-14-18

Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

Spanish
Chickpea Stew
W/Ham
Dinner Roll
Apple Slices
Skim Milk

Snack

String Cheese
Wheat Crackers
Skim Milk

THURSDAY

3-15-18

Date

Breakfast

WG Bagel Thin
Cream Cheese
Orange Slices
Skim Milk

Lunch

WG Taco Pizza
W/GB
Tossed Salad
W/Ranch
Bananas
Skim Milk

Snack

Goldfish
Crackers
Raisins
Skim Milk

FRIDAY

3-16-18

Date

Breakfast

Scrambled Eggs
Whole Wheat
Toast
Mandarin
Oranges
Skim Milk

Lunch

WG Chicken
Alfredo
Green Beans
Mixed Fruit
Skim Milk

Snack

Granola Bar
Orange Slices
Water



