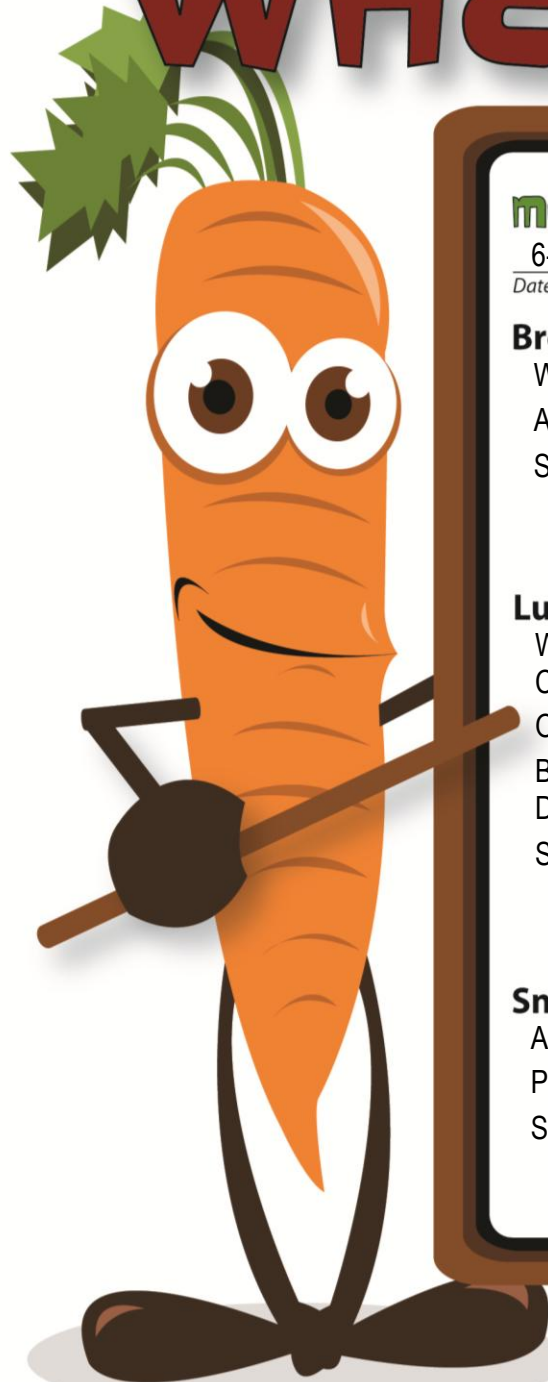


WHAT'S TO EAT THIS WEEK?



MONDAY

6-6-16

Date

Breakfast

WG Cheerios
Apple Slices
Skim Milk

Lunch

WG Turkey &
Cheese Wrap
Orange Slices
Broccoli W/Ranch
Dip
Skim Milk

Snack

Animal Crackers
Peanut Butter
Skim Milk

TUESDAY

6-7-16

Date

Breakfast

WG English Muffin
W/Egg & Cheese
Pears
Skim Milk

Lunch

WG Beef &
Noodles
Mixed Vegetables
Mandarin
Oranges
Skim Milk

Snack

Vanilla Yogurt
Parfait W/Granola
& Cheerios
Water

WEDNESDAY

6-8-16

Date

Breakfast

Pancakes
Applesauce
Skim Milk

Lunch

WG Chicken
Burrito
Peas
Pears
Skim Milk

Snack

Fruit Salad
Skim Milk

THURSDAY

6-9-16

Date

Breakfast

Blueberry Muffins
Peaches
Skim Milk

Lunch

Taco Soup
W/Ground Beef
Tomatoes
Tortilla Chips
Bananas
Skim Milk

Snack

WG Peanut Butter
& Jelly Wrap
Skim Milk

FRIDAY

6-10-16

Date

Breakfast

Whole Wheat Bagel
Thin W/Peanut
Butter
Apple Slices
Skim Milk

Lunch

WG Chicken
Broccoli Alfredo
Green Beans
Orange Slices
Skim Milk

Snack

Baby Carrots
Ranch Dip
Skim Milk



