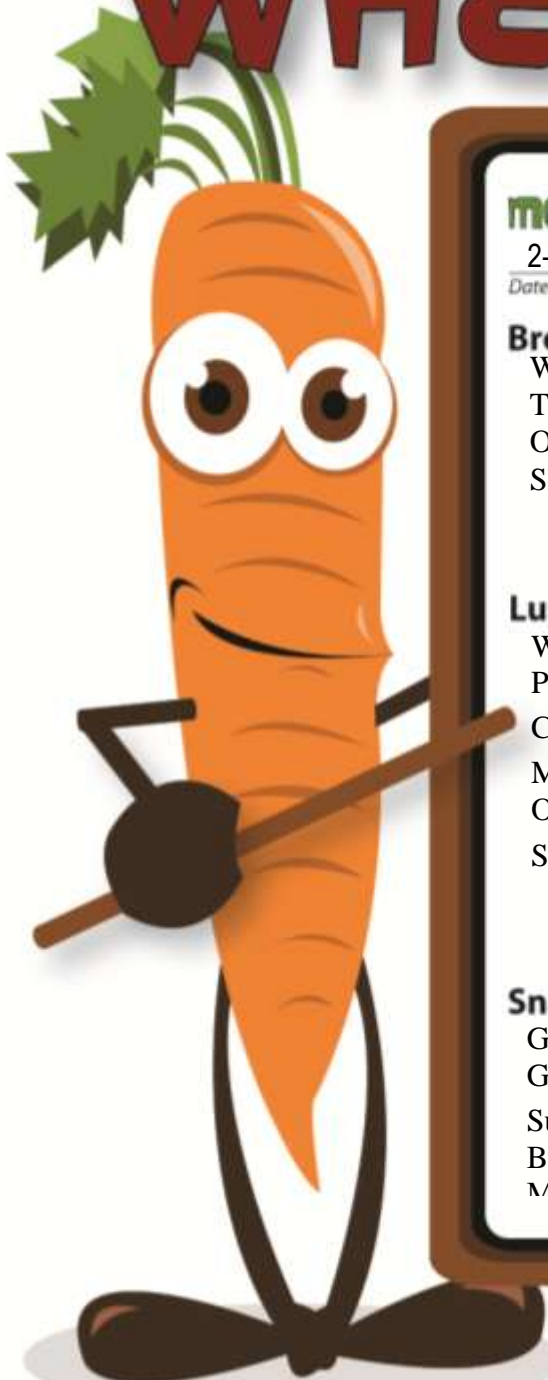


WHAT'S TO EAT THIS WEEK?



MONDAY

2-11-19

Date

Breakfast

WG Cinnamon
Toast
Orange Slices
Skim Milk

Lunch

WG Mexican
Pizza
Corn
Mandarin
Oranges
Skim Milk

Snack

Goldfish
Grahams
Sunflower
Butter, Skim
Milk

TUESDAY

2-12-19

Date

Breakfast

Pancakes
Applesauce
Skim Milk

Lunch

WG Chicken
Noodle Soup
W/Carrots
Oyster Crackers
Bananas
Skim Milk

Snack

WG Kix Cereal
Apples
Skim Milk

WEDNESDAY

2-13-19

Date

Breakfast

WG English
Muffin W/Egg &
Cheese
Apple Slices
Skim Milk

Lunch

WG Spaghetti
W/GB
Green Beans
Tropical Fruit
Salad
Skim Milk

Snack

Yogurt
Bananas
Water

THURSDAY

2-14-19

Date

Breakfast

WG Oatmeal
Raisins
Skim Milk

Lunch

WG Grilled
Cheese
Sandwich
Tomato Soup
Apple Slices
Skim Milk

Snack

String Cheese
Wheat Crackers
Ham Slice
Water

FRIDAY

2-15-19

Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

WG Pepperoni
Pizza
Baby Carrots
W/Ranch Dip
Pineapple
Tidbits
Skim Milk

Snack

Applesauce
Skim Milk



