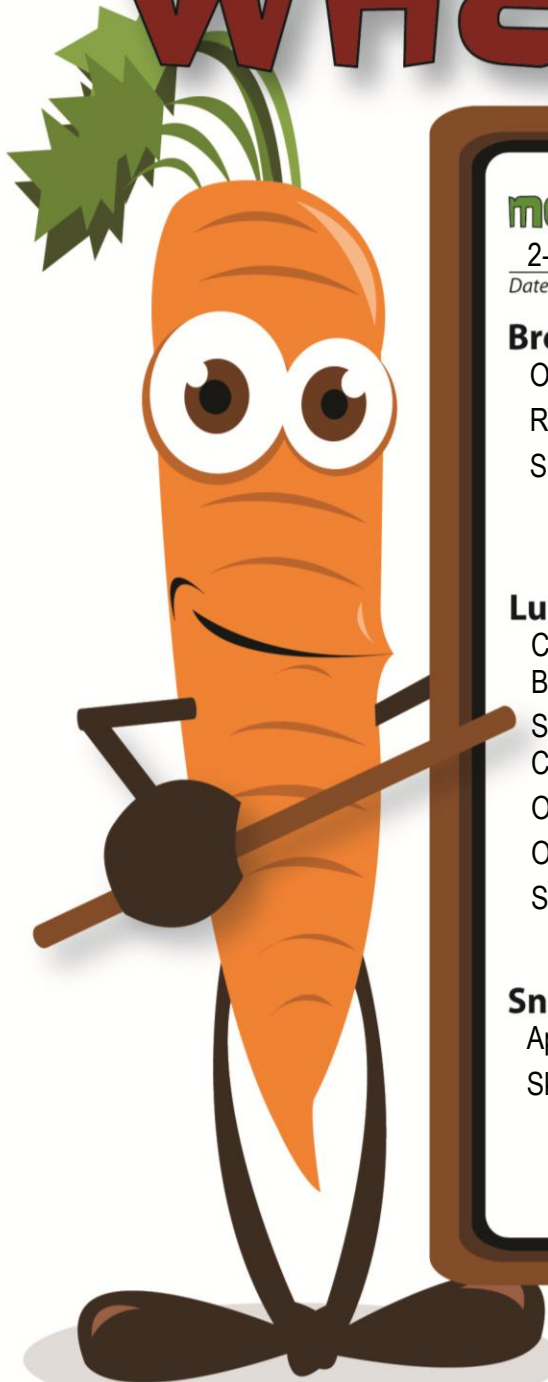


WHAT'S TO EAT THIS WEEK?



MONDAY

2-8-16

Date

Breakfast

Oatmeal
Raisins
Skim Milk

Lunch

Chili W/Ground
Beef & Tomatoes
Shredded
Cheese
Oyster Crackers
Orange Slices
Skim Milk

Snack

Applesauce
Skim Milk

TUESDAY

2-9-16

Date

Breakfast

Blueberry Muffins
Bananas
Skim Milk

Lunch

WG Grilled
Cheese
Tomato Soup
Mixed Fruit
Skim Milk

Snack

Apple Slices
Peanut Butter
Water

WEDNESDAY

2-10-16

Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

WG Bean &
Cheese Burrito
Corn
Pears
Skim Milk

Snack

WG Cheerios
Skim Milk

THURSDAY

2-11-16

Date

Breakfast

Vanilla Yogurt
Whole Wheat Toast
Tropical Fruit Salad
Skim Milk

Lunch

WG Mini Chicken
Alfredo Pizza
Garden Salad
W/Ranch
Mixed Fruit
Skim Milk

Snack

String Cheese
Wheat Crackers
Water

FRIDAY

2-12-16

Date

Breakfast

Scrambled Eggs
Whole Wheat Toast
Mandarin Oranges
Skim Milk

Lunch

Vegetable
Minestrone Soup
Oranges
Oyster Crackers
Skim Milk

Snack

Animal Crackers
Peanut Butter
Skim Milk



