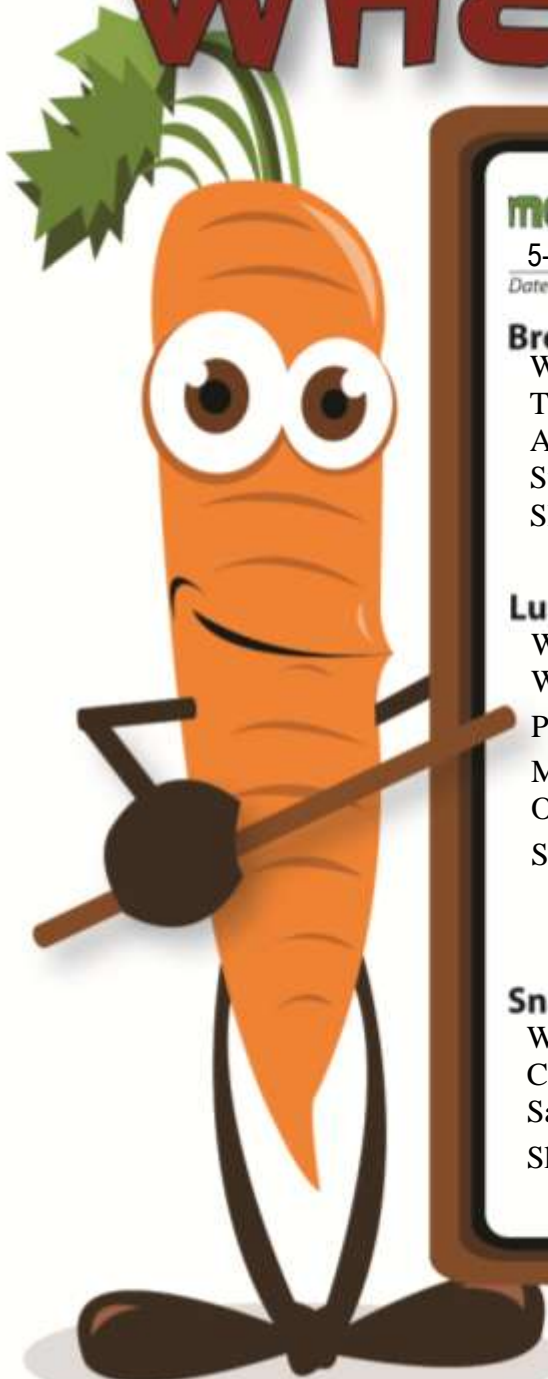


WHAT'S TO EAT THIS WEEK?



MONDAY

5-4-20

Date

Breakfast

WG Cinnamon
Toast
Apples
Sunflower Butter
Skim Milk

Lunch

WG Spaghetti
W/GB
Peas
Mandarin
Oranges
Skim Milk

Snack

Whole Wheat
Cheese
Sandwich
Skim Milk

TUESDAY

5-5-20

Date

Breakfast

WG Kix Cereal
Bananas
Skim Milk

Lunch

Spanish Rice
W/GB
Corn
Pineapple
Slices
Skim Milk

Snack

String Cheese
Wheat Crackers
Water

WEDNESDAY

5-6-20

Date

Breakfast

Whole Wheat
Bagel Thin
W/Cream Cheese
Raisins
Skim Milk

Lunch

Pork Egg Rolls
Baby Carrots
W/Ranch Dip
Pears
Skim Milk

Snack

Bananas
Skim Milk

THURSDAY

5-7-20

Date

Breakfast

Pancakes
Applesauce
Skim Milk

Lunch

WG Chicken
Broccoli
Alfredo Penne
Green Beans
Pineapple
Skim Milk

Snack

Animal
Crackers
Sunflower
Butter
Water

FRIDAY

5-8-20

Date

Breakfast

WG Cheerios
Orange Slices
Skim Milk

Lunch

WG Turkey &
Cheese Wraps
Broccoli
W/Ranch Dip
Tropical Fruit
Salad
Skim Milk

Snack

Granola Bars
Raisins
Skim Milk



