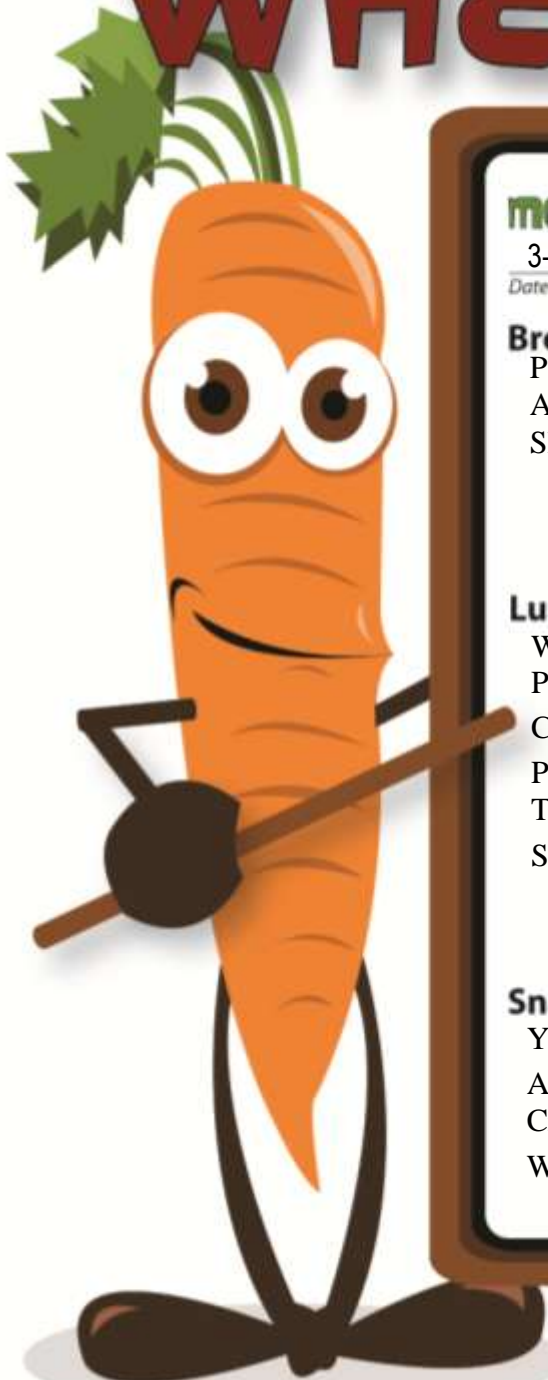


WHAT'S TO EAT THIS WEEK?



MONDAY

3-4-19

Date

Breakfast

Pancakes
Applesauce
Skim Milk

Lunch

WG Sausage
Pizza
Cooked Carrots
Pineapple
Tidbits
Skim Milk

Snack

Yogurt Cups
Animal
Crackers
Water

TUESDAY

3-5-19

Date

Breakfast

WG Cheerios
Apple Slices
Sunflower Butter
Skim Milk

Lunch

WG Chicken
Noodle Soup
Oyster Crackers
Bananas
Skim Milk

Snack

Granola Bar
Raisins
Water

WEDNESDAY

3-6-19

Date

Breakfast

Biscuits & Gravy
Peaches
Skim Milk

Lunch

Chili W/GB
Tomatoes
Shredded
Cheddar
Oyster Crackers
Orange Slices
Skim Milk

Snack

Trail Mix
W/WG Cheerios
Craisins
Skim Milk

THURSDAY

3-7-19

Date

Breakfast

WG Egg &
Cheese Bagel
Bananas
Skim Milk

Lunch

WG Chicken
Burrito
Green Beans
Pears
Skim Milk

Snack

Baby Carrots
Ranch Dip
String Cheese
Skim Milk

FRIDAY

3-8-19

Date

Breakfast

Blueberry
Muffins
Orange Slices
Skim Milk

Lunch

WG Spaghetti
W/GB
Corn
Mandarin
Oranges
Skim Milk

Snack

Pretzels
Sunflower
Butter
Skim Milk



