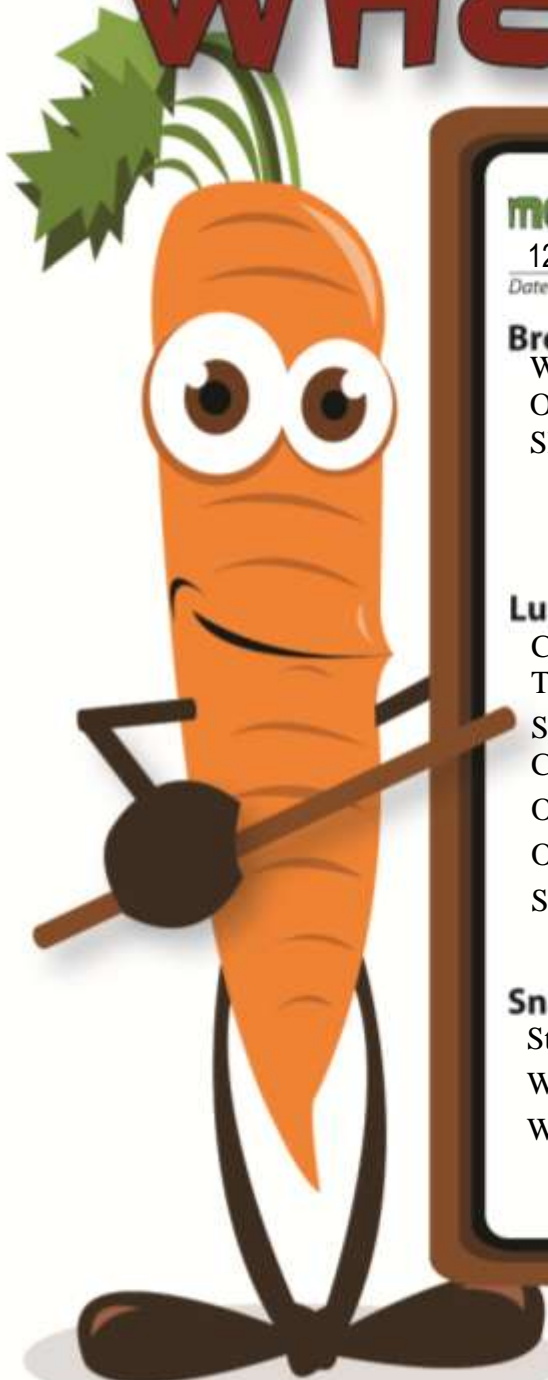


# WHAT'S TO EAT THIS WEEK?



## MONDAY

12/3/18

Date

### Breakfast

WG Kix Cereal  
Orange Slices  
Skim Milk

### Lunch

Chili W/GB,  
Tomatoes  
Shredded  
Cheddar  
Oyster Crackers  
Orange Slices  
Skim Milk

### Snack

String Cheese  
Wheat Crackers  
Water

## TUESDAY

12/4/18

Date

### Breakfast

Pancakes  
Applesauce  
Skim Milk

### Lunch

WG Taco Pizza  
Corn  
Mandarin  
Oranges  
Skim Milk

### Snack

Animal  
Crackers  
Bananas  
Water

## WEDNESDAY

12/5/18

Date

### Breakfast

Biscuits & Gravy  
Peaches  
Skim Milk

### Lunch

WG Chicken &  
Noodles  
Green Beans  
Mixed Fruit  
Skim Milk

### Snack

Applesauce  
Skim Milk

## THURSDAY

12/6/18

Date

### Breakfast

Whole Wheat  
Bagel Thin  
W/Cream Cheese  
Raisins  
Skim Milk

### Lunch

Whole Wheat  
Ham & Cheese  
Sandwich  
Baby Carrots  
W/Ranch Dip  
Apple Slices  
Skim Milk

### Snack

Granola Bar  
Skim Milk

## FRIDAY

12/7/18

Date

### Breakfast

WG English  
Muffin W/Egg &  
Cheese  
Apples  
Skim Milk

### Lunch

Vegetable Soup  
Oyster Crackers  
Bananas  
Skim Milk

### Snack

Pretzel Stix  
Orange Slices  
Skim Milk



