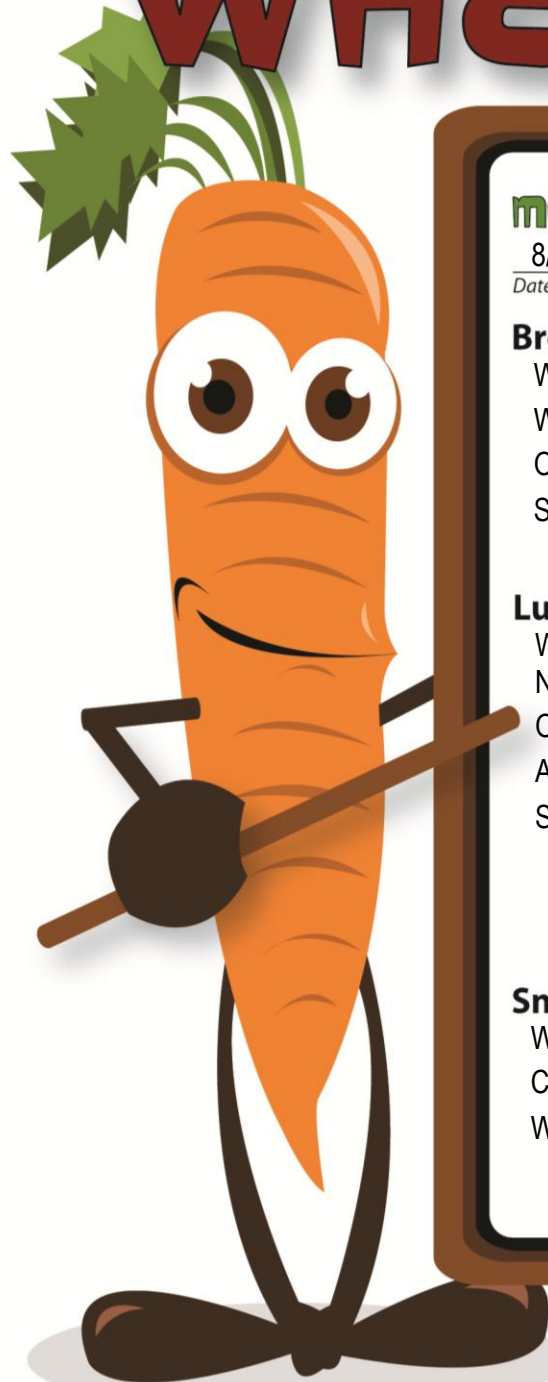


WHAT'S TO EAT THIS WEEK?



MONDAY

8/31/15

Date

Breakfast

WG Bagel Thin
W/Cream Cheese
Oranges
Skim Milk

Lunch

WG Chicken
Noodle Soup
Oyster Crackers
Apple Slices
Skim Milk

Snack

Wheat Crackers
Cheese Slice
Water

TUESDAY

9/1/15

Date

Breakfast

Oatmeal
Raisins
Skim Milk

Lunch

Sloppy Joe on
WG Bun
Carrots
Mixed Fruit
Skim Milk

Snack

Vanilla Yogurt
Strawberries
Water

WEDNESDAY

9/2/15

Date

Breakfast

Whole Wheat
Cinnamon Toast
Peaches
Skim Milk

Lunch

WG Chicken
Salad Wrap
Broccoli W/Ranch
Dip
Mandarin
Oranges
Skim Milk

Snack

Animal Crackers
Peanut Butter
Skim Milk

THURSDAY

9/3/15

Date

Breakfast

Scrambled Eggs
Whole Wheat Toast
Pears
Skim Milk

Lunch

Porcupine Sliders
Mixed Vegetables
Whole Wheat
Dinner Roll
Tropical Fruit
Salad
Skim Milk

Snack

WG Peanut Butter
and Jelly
Bananas
Skim Milk

FRIDAY

9/4/15

Date

Breakfast

Biscuits & Gravy
Pineapple Tidbits
Skim Milk

Lunch

Spanish Rice
W/Ground Beef
Corn
Bananas
Skim Milk

Snack

Pretzel Stix
Peanut Butter
Water



