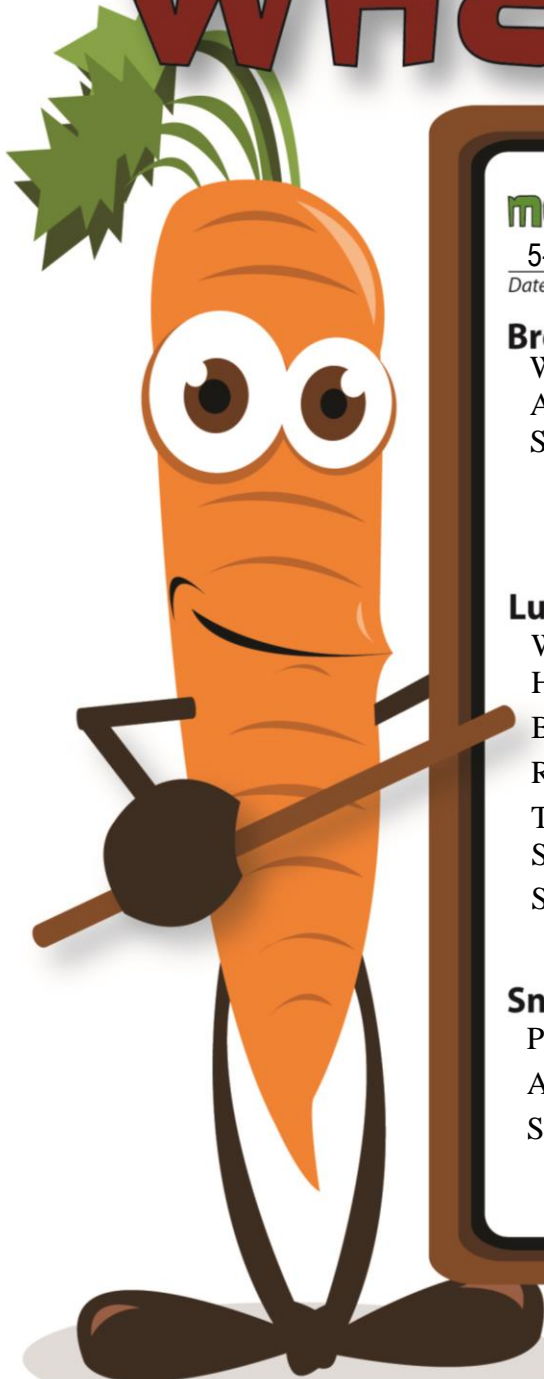


# WHAT'S TO EAT THIS WEEK?



## MONDAY

5-2-22  
*Date*

**Breakfast**  
WG Pancakes  
Applesauce  
Skim Milk

**Lunch**  
Whole Wheat  
Ham Sandwich  
Baby Carrots  
Ranch Dip  
Tropical Fruit  
Salad  
Skim Milk

**Snack**  
Pretzels  
Apples  
Skim Milk

## TUESDAY

5-3-22  
*Date*

**Breakfast**  
WG Oatmeal  
Raisins  
Skim Milk

**Lunch**  
Vegetable Soup  
W/GB  
Oyster Crackers  
Bananas  
Skim Milk

**Snack**  
Graham  
Crackers  
Yogurt  
Water

## WEDNESDAY

5-4-22  
*Date*

**Breakfast**  
WG Cheerios  
Bananas  
Skim Milk

**Lunch**  
WG Mexican  
Pizza  
Carrots  
Bananas  
Skim Milk

**Snack**  
Granola Bars  
Raisins  
Skim Milk

## THURSDAY

5-5-22  
*Date*

**Breakfast**  
Whole Wheat  
Cinnamon Toast  
Oranges  
Skim Milk

**Lunch**  
Spanish Rice  
W/GB  
Corn  
Mandarin  
Oranges  
Skim Milk

**Snack**  
Trail Mix  
Dried Fruit  
Skim Milk

## FRIDAY

5-6-22  
*Date*

**Breakfast**  
Biscuits & Gravy  
Peaches  
Skim Milk

**Lunch**  
Taco Salad  
W/GB  
Tortilla Chips  
Shredded  
Cheese  
Oranges  
Skim Milk

**Snack**  
String Cheese  
Wheat Crackers  
Water



