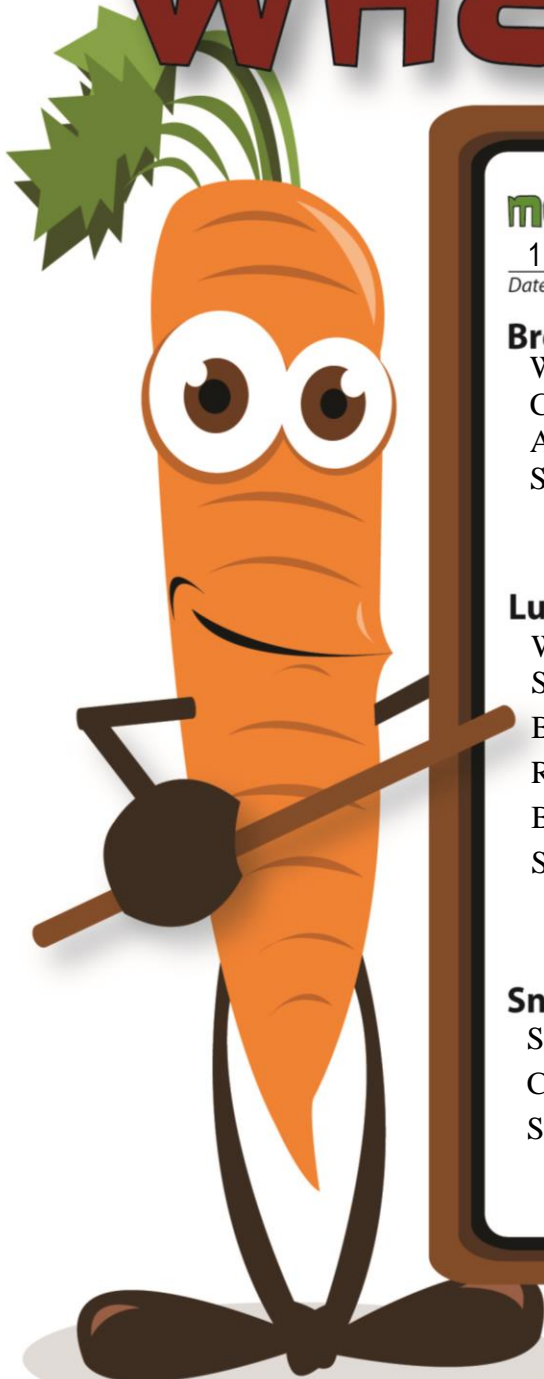


WHAT'S TO EAT THIS WEEK?



MONDAY

11-20-23
Date

Breakfast

WG Blueberry
Chex Cereal
Apples
Skim Milk

Lunch

WG Ham
Sandwich
Baby Carrots
Ranch Dip
Bananas
Skim Milk

Snack

String Cheese
Clementines
Skim Milk

TUESDAY

11-21-23
Date

Breakfast

WG Kix Cereal
Orange Slices
Skim Milk

Lunch

Turkey
Green Beans
Dinner Roll
Mashed
Potatoes
Skim Milk

Snack

Pumpkin Fluff
Graham
Crackers
Skim Milk

WEDNESDAY

11-22-23
Date

Breakfast

Pancakes
Pumpkin
Applesauce
Skim Milk

Lunch

Spanish Rice
W/GB
Mixed
Vegetables
Tropical Fruit
Salad
Skim Milk

Snack

WG Triscuits
Yogurt
Water

THURSDAY

11-23-23
Date

Breakfast

CLOSED
HAPPY
THANKSGIVING!

Lunch

CLOSED
HAPPY
THANKSGIVING

Snack

CLOSED
HAPPY
THANKSGIVING!

FRIDAY

11-24-23
Date

Breakfast

CLOSED
HAPPY
THANKSGIVING!

Lunch

CLOSED
HAPPY
THANKSGIVING

Snack

CLOSED
HAPPY
THANKSGIVING!



