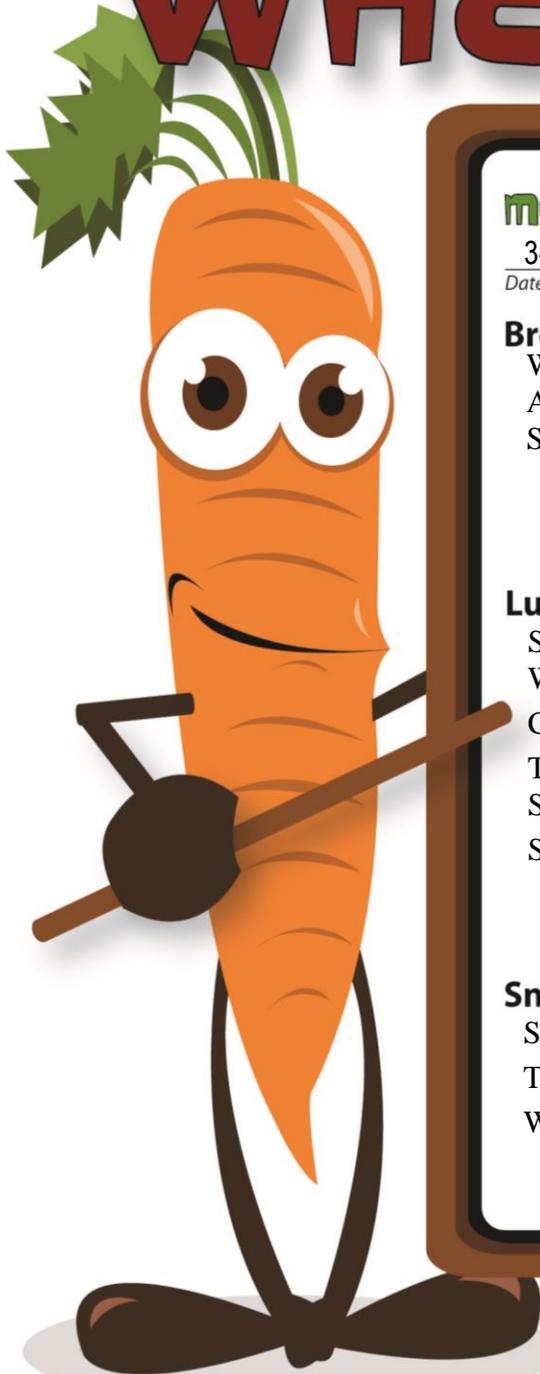


WHAT'S TO EAT THIS WEEK?



MONDAY

3-18-24
Date

Breakfast
WG Kix Cereal
Apple Slices
Skim Milk

Lunch
Spaghetti
W/GB
Corn
Tropical Fruit
Salad
Skim Milk

Snack
String Cheese
Triscuits
Water

TUESDAY

3-19-24
Date

Breakfast
Waffles
Applesauce
Skim Milk

Lunch
Whole Wheat
Ham Sandwich
Baby Carrots
Ranch
Bananas
Skim Milk

Snack
Whale Crackers
Skim Milk

WEDNESDAY

3-20-24
Date

Breakfast
WG Chex Cereal
100% OJ
Skim Milk

Lunch
WG Taco Pizza
W/GB
Mixed
Vegetables
Pears
Skim Milk

Snack
Yogurt
Graham
Crackers
Water

THURSDAY

3-21-24
Date

Breakfast
WG Cinnamon
Toast
Orange Slices
Skim Milk

Lunch
Tuna Casserole
W/Egg Noodles
Frozen Peas
Clementines
Skim Milk

Snack
Cheez-Its
Apples
Skim Milk

FRIDAY

3-22-24
Date

Breakfast
Biscuits & Gravy
Peaches
Skim Milk

Lunch
Chicken
Nuggets
WG Bread
Green Beans
Bananas
Skim Milk

Snack
WG Popcorn
Raisins
Skim Milk



