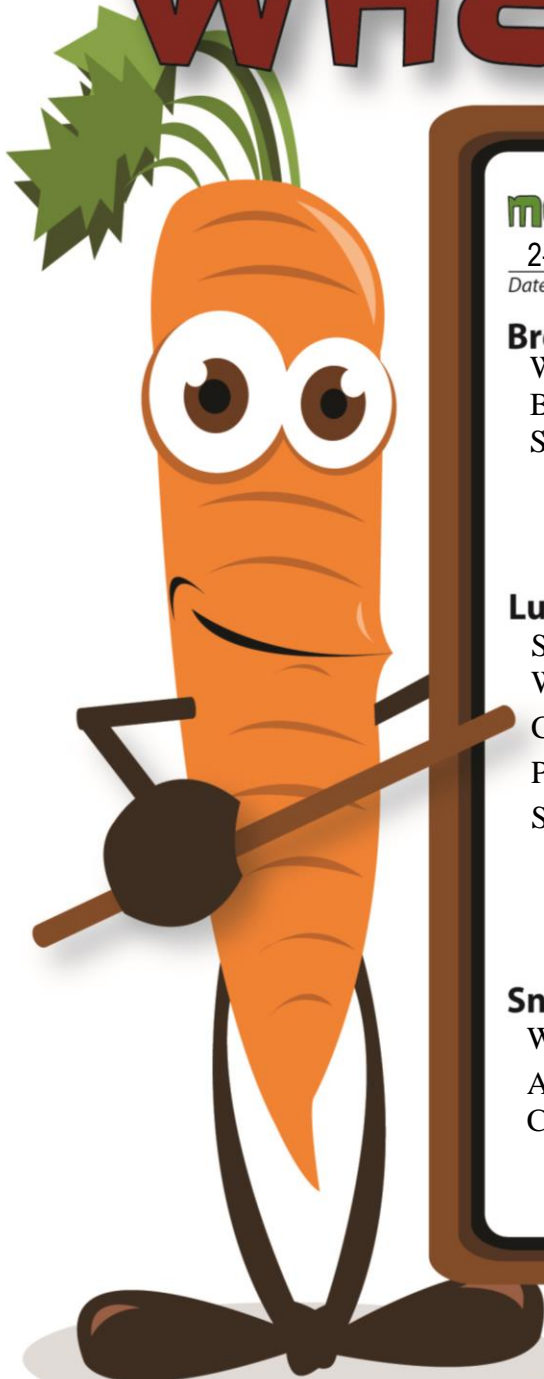


WHAT'S TO EAT THIS WEEK?



MONDAY

2-12-24
Date

Breakfast
WG Cheerios
Bananas
Skim Milk

Lunch
Spaghetti
W/GB
Corn
Peaches
Skim Milk

Snack
Wheat Crackers
American
Cheese Slice

TUESDAY

2-13-24
Date

Breakfast
Bagel
Cream Cheese
Clementines
Skim Milk

Lunch
WG Chicken
Alfredo Pizza
Mixed
Vegetables
Pineapple
Tidbits
Skim Milk

Snack
Yogurt
Goldfish
Grahams

WEDNESDAY

2-14-24
Date

Breakfast
Pancakes
Cinnamon
Applesauce
Skim Milk

Lunch
Chicken
Tortilla Soup
Tomatoes, Corn
Beans
Tortilla Chips
Orange Slices
Skim Milk

Snack
WG Sun Chips
Celery
Skim Milk

THURSDAY

2-15-24
Date

Breakfast
Eggs
Whole Wheat
Toast
Oranges
Skim Milk

Lunch
Beef & Noodles
W/GB
Carrots
Apple Slices
Skim Milk

Snack
Broccoli
Ranch Dip
WG Triscuits

FRIDAY

2-16-24
Date

Breakfast
Biscuits & Gravy
100% OJ
Skim Milk

Lunch
Grilled Chicken
Nuggets
Wheat Bread
Slice
Carrot Chips
Ranch Dip
Tropical Fruit
Skim Milk

Snack
Pretzels
Applesauce
Skim Milk



