

Breakfast Menu
July/August 2013

4 week cycle

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| 7/22 Oatmeal Fresh Cantaloupe Skim Milk | 7/23 Veggie Scrambled Eggs WG Toast Mand. Oranges Skim Milk | 7/24 Blueberry Muffins Peaches Skim Milk | 7/25 Biscuits & Gravy Apricots Skim Milk | 7/26 Whole Wheat PB Toast Banana Slices Skim Milk |
| 7/29 WG Bagels w/ Cream Cheese Strawberries Skim Milk | 7/30 Raisin Bread Peaches Skim Milk | 7/31 Breakfast Egg Burrito/ WG Orange Slice Skim Milk | 8/1 Toasted English Muffins w/ Cheese Mixed Fruit Skim Milk | 8/2 Cream of Wheat Fresh Blueberries Skim Milk |
| 8/5 Pancakes Cinn. Applesauce Skim Milk | 8/6 WG Toast Hashbrown Skim Milk | 8/7 PB WG Banana Wraps Skim Milk | 8/8 Sunshine Tacos Clementine's Skim Milk | 8/9 Cornflakes Banana Skim Milk |
| 8/12 Shredded Wheat Red Grapes Skim Milk | 8/13 French Toast Sticks Applesauce Skim Milk | 8/14 WG Bagels W/ Egg Apple Slices Skim Milk | 8/15 Sausage Cheese Biscuits Kiwi Slices Skim Milk | 8/16 Egg Muffins Honey Dew Melon Skim Milk |