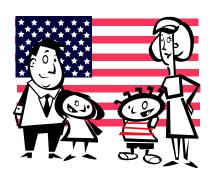


AALC NEWSLETTER
JULY 2015



AALC CLOSED FRIDAY, JULY 3, IN OBSERVANCE OF
INDEPENDENCE DAY!
ENJOY YOUR FAMILIES!



## PLEASE REVIEW SICK POLICY

Please make sure you are familiar with our sick policy. We have it in place for the health of your children as well as employees. If you don't have a copy of it please let Ms. Teresa know and she will get one for you.



## FUN IN THE SUN

Remember to make sure your child has sunscreen here to use every day. When we go outside, which we do every day, we apply and reapply several times. For most of the classes they also do water play a few days a week, so it's very important that you send some. For the toddlers through school age children they also need extra clothing, bathing suits and towels. The school age class and the four & five year old classroom have field trips to the pool this month. School age also has trips to other places throughout July. Make sure you pay the activity fees and ask what time we are leaving for each field trip so you don't miss the bus.



We need your help! When you are arriving or leaving the center please don't hold the door open for others unless you know them personally and know it's OK for them to come in! We understand its common courtesy to hold doors for others but we don't want someone to enter the building that isn't supposed to be here. It has happened in the past and we just want to make our parents/families aware that it's not always a good idea.

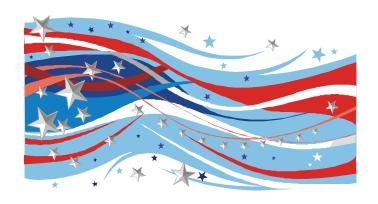
We also need you to please keep hold of your child as you are entering or exiting the building. There's a lot of traffic coming and going and we don't want to have any accidents.

One more thing...please do not leave your car running and your car unlocked. A parent's purse was stolen out of her car while she was inside the building! She was inside for 3 minutes and that was all it took. There are desperate people out there and we have to be very careful. This was a few years ago but we still want to remind you all that it does happen.



ALL ABOARD WILL HAVE A FLOAT IN THE PARADE ON WEDNESDAY, JULY 8, IF YOU WOULD LIKE TO JOIN US!

ALL CHILDREN MUST HAVE A PARENT ON THE FLOAT WITH THEM. WE WILL THROW OUT TOOTSIE ROLLS AND BUBBLE GUM. THE THEME FOR OUR FLOAT IS GOING TO BE AMERICAN PRIDE. PLEASE WEAR YOUR RED, WHITE AND BLUE!





## • Don't forget UPC Best Choice Labels & Box Tops for Education

- Please call by 9 if your child will be late/absent
- Breakfast is 7:15-8:00
- Keep us updated as your child receives immunizations
- Please don't give your door access code to anyone. This is for the safety and security of the children and staff
- You may sign up for ACH at any time to have your tuition automatically withdrawn from your checking/savings account on a weekly or monthly basis.



We are happy to say we are an Eat Smart Program. The first few years of a child's life is when they develop their eating and exercise habits that will last a lifetime. Since the meals your child eats at our center are such a major portion of their total intake, the food and the environment in which we serve them will impact their health today, but in the future as well. We have a major responsibility as child care providers to provide health foods in a supportive environment. That's why we are certified. This is a voluntary program and is a lot of work and we feel your children are worth it. As part of the program we teach the children about nutrition and exercise for lifelong healthy habits. In an effort to improve the nutritional environment we will have developed a nutrition and physical activity policy. It's very important that we have our parents support for this program for the health of the children. There will be some major changes some of which are listed below:

- No food or drinks brought in from home (including lunches)
- No cake, cookies, cupcakes or other sweets for parties
- No fundraisers involving sweet foods (cookie dough)
- No soda or fruity drinks

These are just a few of the guidelines but some that we want to make you aware of now.

For your information, we are currently starting to work on becoming an "Advanced Move Smart Center". All of these things will greatly benefit the children. We will be revising this policy to include more teacher directed, intentional physical activities for the children.

All the staff here at All Aboard are also going through 4 training sessions to prepare us for the program. At this time we are in the process of understanding and preparing the center.

OUR CENTER'S MISSION IS TO PROVIDE A SAFE, STRUCTURED AND SUPPORTIVE PROGRAM FOR THE PARTICIPATING CHILDREN; WHILE AT THE SAME TIME, PROVIDING THE OPPORTUNITY FOR LEARNING AND FUNCTIONING HAPPILY IN AN ENVIRONMENT WITH OTHERS THEIR OWN AGE.



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